

# **Giselle Quintero**

[Quintero.giselle29@gmail.com](mailto:Quintero.giselle29@gmail.com)

## **EDUCATION**

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<b>University of Central Florida</b> , Orlando, FL	Graduated
<i>B.S. in Kinesiology</i>	
<i>Shawoding: Cora rehab rehabilitation clinics, Leners Family chiropractic</i>	
<b>Seminole State College</b> , Sanford, FL	Graduated
<i>A.A. in General Studies</i>	
<i>Awards: Presidential Award Summer 2018</i>	
<b>University High School</b> , Orlando, FL	Graduated
<i>High School Diploma</i>	
<b>Yoga Alliance: Project 7</b> , Winter Park, FL	Certified 2020
<i>200 hour yoga teacher training.</i>	
<b>American Council on Exercise</b> , Online	Certified 2023
<i>Group Exercise Instructor</i>	

## **EXPERIENCE**

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<b>Rumley Family Chiropractor</b> , <i>Chiropractic Assistant</i> , Winter Park, FL	September 13, 2022 - 2023
• Including preparing patients for treatment and performing therapies as directed EMS, Traction.	
• Manage patient records, including updating patient information and maintaining accurate and organized files, and fiscal management.	
• Schedule appointments and manage the chiropractor's calendar.	
<b>City of Orlando</b> , <i>Recreation Specialist</i> , Orlando, FL	February 2019 - March 2022
• Answer phone calls, manage fiscal.	
• Assist senior members.	
• Supervise Pool room.	
<b>LA Fitness</b> , <i>Front Desk Specialist</i> , Orlando, FL	January 2017 - 2019
• Provide excellent customer service, greet, and check in all members and guests.	
• Answer incoming calls and direct calls to proper departments, update member's account information.	

## **ADDITIONAL EXPERIENCE**

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<b>Jazzercise</b> , <i>Yoga Instructor</i> , Winter Park, FL	Summer 2021
• responsible for providing balanced yoga practice for participants of all levels and abilities.	
• providing progressions and regressions when necessary, and educating patrons on appropriate breathing principles and safe transitioning techniques	

## **Beardall Senior Center**, *Chair Yoga Instructor*, Orlando, FL

- The instructor will be responsible for creating and leading chair yoga classes in a senior living community.

## **SKILLS**

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- *Computer Skills: Microsoft, Chirotouch, POS system*
- *Language Skills: English and Spanish*

## References

**Ahdam Zulifqur;** *District Operation Manager* for Mayer Electric Supply Company  
Cell Phone number: (407) 902-6392

**Brittany Panter;** *Senior Associate*, Vishio Forry PLLC  
Cell Phone number: (305) 338-7939

**Jannet Kong;** Ph. D, *Family Doctor at Watson Clinic LLP*,  
Cell Phone number: (407) 334-0709