

# Rael Brown

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## PROFILE

Phlebotomist with extensive experience in patient care, including administering injections and conducting vital sign assessments. Successfully completed hands-on training in venipuncture techniques, ensuring safe blood draws and enhancing patient comfort. Proficient in electronic health records management and committed to maintaining high standards of patient safety and care, which supports effective health outcomes in clinical settings.

## WORK EXPERIENCE

### Medical Assistant MarinHealth

12/2022 - 11/2023 SAN RAFAEL, UNITED STATES · ON-SITE

- Administered medications and injections to patients under the direction of a physician, ensuring proper dosage and patient safety.
- Conducted patient intake assessments, including vital signs and medical history, to assist in accurate diagnosis and treatment planning.
- Assisted in minor surgical procedures, including preparing patients, sterilizing instruments, and providing post-operative care instructions.
- Managed electronic health records and maintained patient confidentiality in compliance with HIPAA regulations.

### Medical Assistant Carbon Health

09/2021 - 11/2022

SAN RAFAEL, CONCORD, CALIFORNIA, UNITED STATES · ON-SITE

Assisted physicians in conducting physical examinations, obtaining vital signs, and documenting patient medical histories.

- Administered medications and injections as directed by healthcare providers, ensuring accurate dosages and proper administration techniques.
- Scheduled patient appointments, coordinated laboratory tests, and maintained electronic health records in compliance with HIPAA regulations.
- Provided compassionate patient care and education, explaining treatment plans, medications, and post-procedure instructions to promote optimal health outcomes.

### Patient Care Technician DaVita Kidney Care

03/2022 - 07/2022

EL CERRITO, SAN PABLO, CALIFORNIA, UNITED STATES · ON-SITE

- Assisted in daily patient care activities including bathing, feeding, and toileting for a caseload of 10+ patients.
- Monitored vital signs and reported any abnormal readings to nursing staff, ensuring prompt medical attention when needed.
- Administered medications as directed by healthcare providers and accurately documented patient response and any side effects.
- Collaborated with interdisciplinary healthcare team to create and

## WORK EXPERIENCE

implement individualized care plans for patients, resulting in improved outcomes and patient satisfaction.

### **Medical Assistant Covid Clinic, a Non-Profit**

09/2021 - 04/2022

SAN ANSELMO, SAN ANSELMO, CALIFORNIA, UNITED STATES · ON-SITE

- Administered injections, performed EKGs, and assisted with minor surgical procedures under the supervision of healthcare providers.
- Maintained detailed and accurate patient records, including medical histories, vital signs, and medication administration.
- Conducted patient intake interviews, prepared exam rooms, and ensured a clean and organized work environment to support efficient patient care delivery.
- Collaborated with physicians and nurses to coordinate patient care, schedule appointments, and provide education on treatment plans and preventative care measures.

### **Mental health Crestwood Behavioral Health, Inc.**

12/2020 - 08/2021

VALLEJO, VALLEJO, CALIFORNIA, UNITED STATES · ON-SITE

- Assisted in patient intake by recording vital signs, updating medical histories, and preparing exam rooms for procedures.
- Administered injections, medications, and ECGs under the supervision of healthcare providers.
- Scheduled patient appointments, coordinated referrals, and maintained accurate electronic medical records.
- Provided patient education on treatment plans, medication instructions, and follow-up care as directed by physicians.
- Conducted individual therapy sessions for clients with various mental health concerns, utilizing evidence-based practices such as cognitive-behavioral therapy and solution-focused therapy.
- Facilitated psychoeducational groups on topics such as stress management, coping skills, and mindfulness techniques to promote overall mental wellness for clients.
- Collaborated with multidisciplinary team members, including psychiatrists, social workers, and case managers, to develop comprehensive treatment plans for clients with complex mental health needs.
- Administered standardized assessments and conducted thorough mental health evaluations to accurately diagnose and develop personalized treatment plans for clients experiencing symptoms of depression, anxiety, PTSD, and other mental health disorders.

### **Psych tech Parkland hospital**

08/2024 - present DALLAS, UNITED STATES

- Monitored and recorded patient behaviors, mental status, and vital signs to assist in treatment planning and evaluation.
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- Implemented individualized patient care plans, including administering medications and providing therapeutic interventions under the direction of psychiatric staff.
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- Facilitated group therapy sessions and recreational activities to promote socialization and emotional well-being among patients.
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**WORK  
EXPERIENCE**

- Collaborated with interdisciplinary team members, including nurses, social workers, and psychiatrists, to coordinate and deliver comprehensive mental health care services.
- Provided direct patient care and support in a psychiatric hospital setting, including assisting with daily living activities and implementing treatment plans.
- Monitored and documented patient behavior, progress, and vital signs to inform treatment decisions and ensure a safe and therapeutic environment.
- Collaborated with interdisciplinary team members, including psychiatrists, nurses, and social workers, to develop and implement individualized care plans.
- Utilized crisis intervention techniques and de-escalation strategies to address challenging behaviors and promote a calm and supportive environment for patients.

**EDUCATION**

**Medical/Clinical Assistant | Associate's degree  
Gurnick Academy of Medical Arts**

02/2022 - 11/2023    CONCORD, UNITED STATES

- Assisted in patient intake processes, including obtaining medical histories and vital signs, to ensure accurate and thorough documentation.
- Administered injections, medications, and performed routine laboratory tests under the supervision of healthcare providers.
- Coordinated patient appointments, referrals, and follow-up care to maintain continuity of patient care and ensure timely treatment.
- Educated patients on medical procedures, medications, and post-treatment care instructions to promote understanding and compliance with healthcare recommendations.

**Phlebotomy | Certificate  
Faces of angels**

05/2025 - present    DALLAS, UNITED STATES

- Completed extensive coursework in anatomy and physiology, which provided a solid foundation for understanding the human body and the systems involved in blood collection.
- Participated in hands-on training sessions that focused on venipuncture techniques, helping to ensure safe and effective blood draws for patients.
- Developed strong patient communication skills through practical simulations, which enabled me to reassure and guide patients during procedures, leading to a more positive experience.
- Engaged in collaborative projects with peers to create learning materials about safety protocols, helping to foster a culture of safety and best practices in phlebotomy.

**VOLUNTEERING**

**Line Cook  
Dallas LIFE Homeless Recovery Center**

01/2024 - present    DALLAS, UNITED

- Collaborated with kitchen team to prepare and plate dishes according to recipes and standards, ensuring timely and efficient service during busy shifts.
- Executed precise knife skills and cooking techniques to consistently produce high-quality dishes, earning praise from customers and management.
- Maintained cleanliness and organization of work station, adhering to

VOLUNTEERING

- food safety guidelines and contributing to a smooth operating kitchen environment.
- Assisted in inventory management by monitoring stock levels, rotating ingredients, and communicating with management to minimize waste and maximize efficiency.

SKILLS

- LANGUAGES  
English

Medical terminology proficiency  
**Professional**

Electronic health records management  
**Professional**

Patient care coordination  
**Professional**

Vital signs assessment  
**Professional**

**Professional**

Customer service  
**Professional**

Sales experience  
**Professional**

Cash handling  
**Professional**

Inventory management  
**Professional**

Active listening  
**Professional**

Cognitive behavioral therapy  
**Professional**

Crisis intervention  
**Professional**

Psychoeducation techniques  
**Professional**

**Professional**